

# MATERIALS

You will need a ½ binder with paper in it and a folder with pockets that can be placed inside. You will need highlighters and pencils. When working in the tech area you will need closed toed shoes and clothes that can get messy.



LOVE THE ART  
IN YOURSELF,  
NOT YOURSELF  
IN THE ART.

# GRADING

## PROCESS GRADES (30%)

### WARM UPS-GETTING SET

Warm ups are designed to either get you loosened up and focused for the day's work. You are required to participate in them.

### REFLECTION

We will do a lot of reflection and commentary in this course. You must offer detailed, well supported commentary. We will work on how to do this early on. Commentary and reflection will also be a good portion of your grade.

### BEING A PROPER AUDIENCE

When someone is presenting, you need to be respectful. Watch, be engaged, respond. They need your positive energy to feed from. This same energy will help you when you are the performer. So you must (because it is part of your grade) give your full attention to being a good audience member so you and those in the class can succeed.

### REHEARSAL

In order to put together a quality performance, one must rehearse. Talking socially, playing on your phone, or doing work for another class is not rehearsing. Practice makes perfect... and you will be graded on your devotion to your practicing.

### IMPROV

The dialogue action, and characters are created by the group of plays as the improvisation unfolds. It is not planned. While much of Improvisational theater is comedic, it also serves a purpose for actors on stage in rehearsed scenes as well as to life outside of theatrical performances. We will work on Improv throughout the year and throughout many of the units. The RULES: Yes and..., Don't ask questions, Be specific, STOP YELLING, No denial, No RED FLAGS

## PRODUCT GRADES (70 %)

All final performances, projects, and improve skills tests will fall into this category. Line checks and quizzes will fall here as well. You will not have many paper and pencil quizzes, but we will have a few on theater terms and safety.

# THEATER ONE

Michael Downs & Mabel Carter  
in The Wedding Singer



Chemical imbalance

# THE WORK

## UNIT ONE

### ENSEMBLE BUILDING, TRUST, AND EXPLORING THE SPACE

#### EXERCISES:

- ☆ Various Circle Games
- ☆ Lip Sync Challenge
- ☆ IMPROV Games

## UNIT TWO

### DUETS

#### EXERCISES:

- ☆ Blank Scenes
- ☆ Emotional Scenes (You and a partner will do scenes that explore a variety of emotions).
- ☆ Movie Scene (Re-enact your favorite scene but in a different era, with a new tone, and location)
- ☆ Objective based Improv (Create and Objective/Obstacle based Improv)
- ☆ Soap Opera (Create a Soap Opera Scene)
- ☆ Stage Combat (We will learn to do some of the basic stage combat moves: The Slap, The Hair Pull, The Head Slam, Kick, Punch)

acting is behaving  
truthfully under  
imaginary  
circumstances

## UNIT THREE

### SMALL GROUP WORK

#### EXERCISES:

- ☆ Still Life Monologue
- ☆ Puppet Theater
- ☆ Interpretive Dance
- ☆ Various Group Improv Games
- ☆ Greek Chorus
- ☆ Shakespeare Battle Scenes

## UNIT FOUR

### TECHNICAL THEATER UNIT

#### EXERCISES:

- ☆ Safety in the Lab
- ☆ Superhero Costume
- ☆ Set Design Project
- ☆ Makeup: Zombies and More
- ☆ Fly Rigging
- ☆ Basic Building
- ☆ Light Hanging and Focusing

## UNIT FIVE

### THE PLAY

#### EXERCISES:

You are now ready for an actual script. You will put together a one act play with basic lighting, sets and costumes and makeup. You will work on pacing, blocking, line memorization, and more.

## THE FINAL CHAPTER

### THE MONOLOGUE

yes...you have to perform, by yourself...don't worry. Everything you have learned has prepared your for this moment. You will survive. Trust me.

**THE PLAY IS NOT IN THE WORDS, IT'S IN YOU! -ADLER**

